



The news
you need to
know in
.5 minutes!

CAMILLA, GEORGIA
www.mitchellemc.com

LOCAL STUDENT EARNS \$1,000 SCHOLARSHIP

Deerfield-Windsor High School student is now the deserving owner of a \$1,000 check. After careful review of his/her academic achievements, extracurricular activities and community service, **Kendyll Freeman** is one of 10 students statewide who will receive a Walter Harrison Scholarship sponsored by the electric co-ops in Georgia, including Mitchell EMC.

Earlier this year, Freeman competed among 76 other students who applied for the scholarship which provides \$1,000 to help offset rising costs associated with obtaining a two- or four-year college degree.

"The competition was intense," says Heather Greene with Mitchell EMC. "Keep in mind Kendyll competed alongside some of the most ambitious and brightest students in the state. Making it to the winners circle is an achievement in and of itself."

The winners were required to submit brief essays explaining why they would be good candidates for the scholarship and outlining their education and career goals and any special circumstances to be considered.

A statewide panel of judges considered a number of factors such as academic excellence (judged by performance, grade point average, SAT scores and scholastic honors), extracurricular activities such as participation in student clubs and organizations,



*Kendyll
Freeman*

and a commitment to serve others. Family income and recommendation letters from academic counselors and teachers were considered as well.

The scholarship can be applied to any accredited two or four-year university, college or vocational-technical school in Georgia.

The scholarship is named in honor of Walter Harrison, a pioneer in the rural electricity movement and a leader at the local, state and national levels in electric cooperative programs. It is funded by Georgia's 41 electric cooperatives, including Mitchell EMC, the National Rural Electric Cooperative Association and the Georgia Rural Electric Supply Corp. Since 1987, approximately \$191,000 has been awarded to students through the Walter Harrison Scholarship fund.

The Scholarship was created in 1985 by the board of directors of Georgia EMC, a trade association representing the 41 electric cooperatives in Georgia, Oglethorpe Power Corp., Georgia Transmission Corp. and Georgia System Operations Corp.

Mitchell EMC, based in Camilla, is a consumer-owned cooperative providing electricity and related services to over 15,000 members in Baker, Calhoun, Colquitt, Decatur, Dougherty, Early, Grady, Lee, Miller, Mitchell, Thomas, Tift, Turner and Worth counties.

**Mitchell EMC offices will be closed Tuesday, July 4th
in observance of
Independence Day**

Please have a safe and happy holiday!

SWIMMING POOL ELECTRICAL SAFETY

Water and electricity never mix! Remember to practice electrical safety when you're cooling off in the pool. Fill in the blanks in the electrical safety tips below. Use the word bank for help. *Hint: Check your answers in the key below.*



SWIMMING POOL SAFETY TIPS:

1. If you hear _____, immediately exit the swimming pool. Storms may be near.
2. Never bring _____ devices near a swimming pool. If they come in contact with water, electric shock could occur. Devices should be kept at least 10 feet away from water sources.
3. Outdoor electrical outlets should be covered to keep them _____.
4. When possible, use _____ operated electrical devices when outside near a swimming pool.



Word Bank:
electrical
battery
thunder
dry

1. thunder 2. electrical 3. dry 4. battery

Answer Key:

Keeping Cool: Tips for Beating the Summer Heat and High Monthly Bills

Don't let the warmer weather turn into "summertime blues" when the monthly electric bill arrives. Here are some tips from Mitchell EMC on keeping your electric bill in check.

Adjust the Thermostat. As *TogetherWeSave.com* demonstrates, lowering a thermostat in the winter can save as much as \$85 a year. During warmer months, raising the thermostat a few degrees can save money, too. Set the temperature between 78-80 degrees Fahrenheit, and you could save up to 8 percent on monthly cooling bills.

Programmable thermostats make it easy to save by offering four pre-programmed settings to regulate a home's temperature throughout the year.

Be a "fan-atic". While they don't replace an air conditioner or a heat pump, fans move the air so everyone feels more comfortable. On

milder days, fans can save as much as 60 percent in electric bills. Fans cool people, not rooms, so turn them off when you leave.

Regular maintenance is essential. Mitchell EMC recommends that members have their HVAC systems serviced annually by a NATE (North American Technician Excellence)-certified technician. This HVAC professional will check the entire system to make sure it is running efficiently. This will help to extend the life of the system and save money.

Bigger isn't always better. Too often, cooling equipment isn't sized properly and could lead to higher electric bills. A unit that is too large for your home will not cool evenly and might produce higher humidity indoors.

Instead of getting burned this summer with high energy bills, check out *TogetherWeSave.com*, for more money-saving ideas or call the energy experts at Mitchell EMC.

Energy Efficiency Tip of the Month



Periodically inspect your dryer vent to ensure it is not blocked. This will save energy and may prevent a fire. Manufacturers recommend using rigid venting material – not plastic vents that may collapse and cause blockages.

Source: U.S. Dept. of Energy

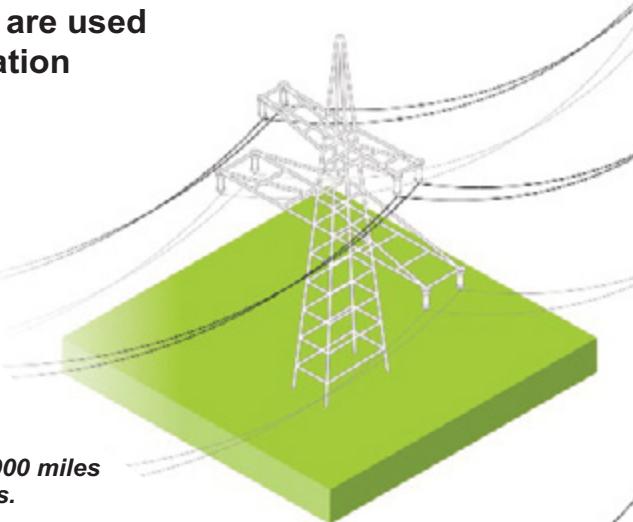
Overhead Power Lines

High-voltage transmission lines are used to deliver electricity from generation plants to consumers.

HIGH-VOLTAGE TRANSMISSION LINES

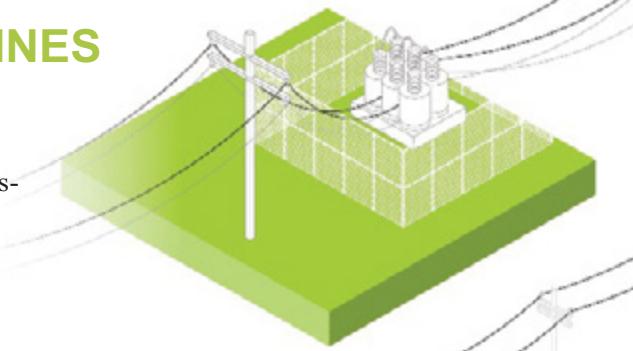
Large amounts of power, measured by watts, are delivered by transmission lines. These lines are energized with very high voltage in order to move the power long distances with minimal losses. Insulators on the towers prevent the power from flowing to the towers or the ground.

Electric cooperatives own and maintain 65,000 miles (6 percent) of the nation's transmission lines.



SUBSTATIONS AND SUB-TRANSMISSION LINES

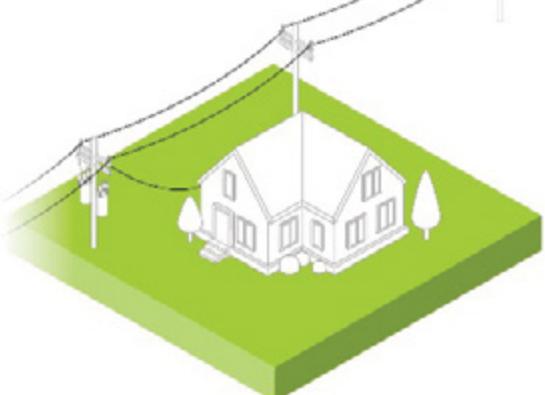
Transformers at transmission substations reduce the voltage from transmission levels to sub-transmission levels, typically ranging from 115,000 volts to 34,500 volts. Sub-transmission lines deliver power over shorter distances to distribution substations and large industrial sites. At distribution substations and large industrial sites, transformers reduce the voltage to a lower level, typically 7,200 volts or 14,400 volts.



DISTRIBUTION LINES

The lines typically seen along rural roads and next to homes are generally single phase distribution line, energized at 7,200 or 14,400 volts. Transformers on the utility poles lower the voltage to between 120 and 480 volts to serve residential homes and small businesses.

Electric cooperatives own and maintain 2.6 million miles (42 percent) of the nation's distribution lines.



Source: National Rural Electric Cooperative Association

Note: If you move or no longer have electric service with Mitchell EMC, it is important that members keep their address current, so that future disbursements can be properly mailed. Capital credits are reserved for members even if they move out of the Mitchell EMC service area. Mitchell EMC will make a diligent effort to send a check by mail.

Statement of Equal Employment Opportunity

All applicants for employment shall be considered and hired on the basis of merit, without regard to race, color, religion, sex (including pregnancy), age, national origin, disability, genetic information, or past or present military status. The employment practices shall ensure equal treatment of all employees, without discrimination as to promotion, discharge, rates of pay, fringe benefits, job training, classification, referral, and other aspects of employment, on the basis of race, color, religion, sex (including pregnancy), national origin, disability, age, genetic information, or past or present military status. M/F/V/D/V

WATT'S COOKING



Jello 1-2-3 Cherry Poke Cake

Ingredients:

2 cups whipped topping, divided
1 loaf (16 ounce) frozen pound cake
(thawed)
 $\frac{3}{4}$ cup boiling water
1 package jello cherry flavor gelatin
1 ounce Baker's semi-sweet chocolate
1 $\frac{1}{2}$ cups cherry pie filling, divided

Pierce cake with skewer at $\frac{1}{2}$ inch intervals, poking skewer through cake to bottom of the pan. Add boiling water to gelatin mix in small bowl, stir 2 minutes until completely dissolved. Stir in cold water, spoon over cake. Refrigerate 1 hour. Meanwhile make curls from semi-sweet chocolate. Invert cake onto platter. Cut cake horizontally in half. Spread bottom half of cake with $\frac{1}{3}$ cup cool whip. Cover with 1 cup pie filling and top cake layer. Frost cake with remaining whipped topping. Garnish with remaining pie filling and chocolate curls.

Thanks!
to

Mary Frances Anderson, Dougherty County, GA, for sharing this recipe.

Share & Win!

Send us your favorite quick and easy dinner recipes. If your recipe is chosen for print, you can win a

\$25 credit

on your next Mitchell EMC bill.

Send recipes to Heather Greene, P.O. Box 409, Camilla, GA 31730 or email to heather.greene@mitchellemc.com.